

Girls on the Run

PO Box 3222, Iowa City, IA 52244

<http://www.girlsontheruniowa.org/>

We inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running. We envision a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams.

Volunteer Opportunities

Girls on the Run are a transformational physical activity based positive youth development program for girls in 3rd-8th grade. They teach life skills through dynamic, interactive lessons and running games. The program culminates with girls being physically and emotionally prepared to complete a celebratory 5k running event. They are in need of volunteer coaches at Kenwood and Wright Elementary. Coaches commit to 10-20 practices over the course of the 10-week session with the seasons beginning in September and mid-February.

Critical Concerns Focused on

1. Children

Driving

Head north on Mercy Dr NE
Turn left to stay on Mercy Dr NE
Turn right onto Prairie Dr NE
Turn left onto Eastern Ave NE
Turn right onto 32nd St NE
Turn left onto E Ave NE
Destination will be on the left

Cycle

Turn right to stay on Mercy Dr NE
Turn left to stay on Mercy Dr NE
Turn right onto Prairie Dr NE
Turn left onto 25th St NE
Turn left onto Eastern Ave NE
Turn right onto 35th St NE
Turn left onto E Ave NE
Destination will be on the left

Bus Route

None

Contact

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