

Exercise Science Transfer Plan

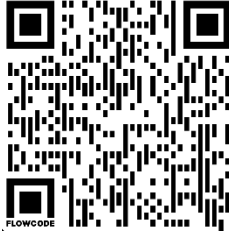
Consider major courses below as part of your electives toward your Associate of Arts (A.A.), Associate of Science (A.S.) or Associate of Applied Science (A.A.S.) degree. A maximum of 63 credits can be transferred from a two-year institution.

Students who transfer to Mount Mercy with an A.A. degree from an Iowa Community college will have all Core Curriculum requirements waived except the Mercy Capstone and one course in the Ultimate Questions domain. These two requirements must be taken at Mount Mercy.

Major Requirements (54 credits)

Mount Mercy Major Courses	Iowa Community College Equivalent
Required:	
BI 125 Foundations of Biology & Scientific Inquiry I	BIO 112 General Biology I
BI 125L Biostatistics & Scientific Investigation I	BIO 112 General Biology I Lab
BI 273 Human Anatomy	BIO 168 AND BIO 173 Human Anat & Physio I&II
BI 274 Human Physiology or BI 374 Integrated Physiology	BIO 168 AND BIO 173 Human Anat & Physio I&II
EX 101 Introduction to Exercise Science	
EX 255 Prevention and Care of Athletic Injuries	
EX 275 Human Nutrition	
EX 280 Practical Skills in Exercise Science	
EX 305 Exercise Physiology	
EX 315 Structural and Functional Kinesiology	
EX 355 Principles of Strength and Conditioning	
EX 375 Exercise Testing and Prescription	
EX 395 Exercise Science Field Experience II	
EX 450 Exercise Science Internship	
PS 101 Introductory Psychology	PSY 111 Introduction to Psychology
AND Choose One Sport Psychology Elective	
AND Choose One Psychology Elective	
AND Choose One Exercise Performance Elective	
<p><i>If your transfer institution offers the same course title but with different course numbers, please reach out to the Office of Admissions at Mount Mercy to clarify.</i></p> <p><i>Note: This plan of study is intended to be used as a guide and changes to curriculum may occur. For specific course information and degree information, please visit MMU's catalog at catalog.mtmercy.edu.</i></p>	

Mount Mercy University Graduation Requirements and Course Descriptions



catalog.mtmercy.edu/curriculum

To apply:

- Apply online at www.mtmercy.edu/apply (no application fee required)
- Send official transcripts from all colleges attended. Office of Admissions, 1330 Elmhurst Drive NE, Cedar Rapids, Iowa 52402-4797 or admission@mtmercy.edu

For additional information, please contact:

Mount Mercy University
319-368-6460 | 800-248-4504
admission@mtmercy.edu

www.mtmercy.edu