

**Jennifer (Jen) Lee, PhD**  
 Licensed Foster and Adoptive Parent  
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## EDUCATION

2019 M.A. in Criminal Justice, Mount Mercy Univ  
 2010-12 Postdoctoral Research Fellow, Univ of IA Interdisciplinary Pain Program  
 2008 Ph.D. in Health Psychology/Behavioral Medicine, Univ of IA  
 2005 M.A. in Developmental Psychology, Univ of IA  
 2001 M.A. in Clinical Psychology, Univ of Dayton  
 1999 B.A. in Psychology, Secondary Education, Spanish (fluent), Luther College  
 1997 Study Abroad, La Universidad del Azuay, Cuenca, Ecuador

## AWARDS AND HONORS

2019-pres Board Member, American Civil Liberties Union  
 2018 Faculty of the Year, National Society of Leadership and Success  
 2014 Patient Service Excellence Award, Univ of IA Hospitals and Clinics Cancer Center  
 2012-16 Nationally Appointed Advocate, Gynecologic Oncology Group  
 2010-11 Coe College Faculty Mentor of the Year Finalist  
 2008-09 Univ of IA Seashore Dissertation Fellowship  
 2008 Invited Speaker, Univ of IA Graduate College Commencement  
 2007-08 Fellow, Interdisciplinary Graduate Fellowship in Aging  
 2004-08 Fellow, Univ of IA Research Travel Awards  
 2000 Univ of Dayton Research Fellowship  
 1999-01 Univ of Dayton Clinical Traineeship  
 1999 Luther College Magna Cum Laude  
 1995-99 Luther College Honors Program  
 1995-99 Luther College Dean's List  
 1999 NCAA All-Region Softball Pitcher  
 1997-99 Luther College Student Research Grant  
 1996-99 Academic achievement scholarships (four total)  
 1995-99 Larsen Presidential Scholarship  
 1995-99 NCAA Academic All-Conference  
 1995-99 National Fastpitch Coaches National Scholar Athlete

## ACADEMIC SERVICE AND LEADERSHIP

2020-pres Advisor, Iowa Black Lives Matter/Freedom Riders  
 2019-pres Grant Reviewer, U.S. Dept of Veteran's Affairs (VA) grants  
 2019-pres Grant Reviewer, Komen for a Cure  
 2019-pres Facilitator, Oakdale Prison Stories from Dad (inmates record books for their children)  
 2018-pres Migrant Translator, Legal Advocate, and Support Staff (ICE meetings)  
 2018-pres Mentor, Inside Out Reentry (assist incarcerated return to society)  
 2017-pres Inmate Health Care Navigator, State of IA  
 2018-pres Manuscript Reviewer, BMC Complementary and Alternative Medicine  
 2018-pres Manuscript Reviewer, Pain Research and Management  
 2017 Book Reviewer, Assessment and Multimodal Management of Pain  
 2017-pres LGBTQi+ Safe Zone Founder and Trainer, Mount Mercy Univ  
 2016-pres Manuscript Reviewer, The Journal of Pain  
 2016-pres Trainer, LGBTQ Issues in Healthcare; Caring for Trans Patients, The Univ of IA  
 2016-pres Manuscript Reviewer, Dove Medical Press  
 2016 Reviewer, Pain Assessment & Pharmacologic Management  
 2016 Reviewer, ASPMN: Core Curriculum for Pain Management Nursing, 3e  
 2016-pres Board Member, Linn County Public Health  
 2015-pres Advisor, LGBTQi+ Alliance Student Club, Mount Mercy Univ  
 2014-2018 Director of Undergraduate Research, Mount Mercy Univ  
 2012-pres Faculty Representative, Mount Mercy Univ Institutional Review Board (IRB)

2012-pres	Faculty Representative, Mount Mercy Educational Policy and Procedures
2011-pres	National Cancer Advocate, Gynecologic Oncology Group
2011-pres	Board Member, Univ. of IA Hospitals and Clinics Patient and Family Advisory Council
2010-pres	Grant Reviewer and Member, American Pain Society
2007-pres	Abstract/Award Reviewer and Member, Society for Behavioral Medicine
2008-pres	Board Member, American Cancer Society
2008-pres	Volunteer, IA City LGBTQ Pride Festival
2008	Representative, Univ of IA Graduate College Graduate Council
2007-pres	Director of Oncology Volunteers, Univ of IA Hospitals and Clinics Cancer Center
2007-pres	Abstract Reviewer, Gerontological Society of America
2007-08	Co-Chair, Jakobsen Graduate Conference
2006-08	Grant Reviewer, Executive Council Scholarly Presentations
2006-08	Senator, Univ of IA Graduate Student Senate
2006-08	Chair, Univ of IA Travel Grants Committee
2006-08	Executive Committee, Univ of IA Graduate Senate
2005-07	Trustee and Regional Representative, Committee to Organize Graduate Students

## TEACHING EXPERIENCE

2012-pres	Associate Professor of Psychology/Director of Research, Mount Mercy Univ, Cedar Rapids, IA <i>Teach Introduction to Psychology, Developmental, Adolescent, Social, Health, Abnormal, and Counseling Psychology, and Internship: course curriculum, community health collaboration, lesson plans and outcomes, active learning, critical thinking, meeting with students, and career mentoring. Also, Director of Undergraduate Research, Founder and Trainer of LGBTQi+ Safe Zone trainings, Institutional Review Board (IRB), LGBTQi+ club Advisor, project management, establish and assess program standards, policy and procedure reviews, and serve on numerous multidisciplinary committees. Finally, coordinate clinical career development for students.</i>
2009-12	Adjunct Assistant Professor of Psychology, Coe College, Cedar Rapids, IA <i>Teach Introduction to Psychology, Statistics, Abnormal Psychology, and Senior Seminar (Health Promotion), including: design course curriculum and assignments, lesson plans and exams, active learning and critical thinking exercises, and mentor careers. Also, write grants, manuscripts, and supervise large team of undergraduate researchers. Finally, career development training and workshops, research presentations, and community development.</i>
2008-12	Adjunct Instructor of Psychology, Mount Mercy Univ, Cedar Rapids, IA <i>Teach Developmental Psychology, Health Psychology, Adolescent/Middle School Psychology, and Introductory Psychology, including: designing course curriculum and assignments, writing lesson plans and test materials, engaging students in active learning and critical thinking exercises, meeting with students, and career mentoring.</i>
2003-05	Instructor/Administrative Teaching Assistant, Univ of IA, Department of Psychology <i>Lead undergraduate discussion sections (30 students) of Elementary Psychology, including: active learning exercises, meeting with students, and collaborating on course preparation. Also, managing 40 sections of Elementary Psychology (1200 students) and supervising/training 12 graduate teaching assistants; independently developing a new course curriculum. Also, co-teach undergraduate course of Psychological Research. Also, develop syllabus, lesson plans, course assignments, and test materials, and interactive, hands-on learning. Finally, lead 4 undergraduate sections (120 students) of Child Development, including: active learning exercises to learners of various education backgrounds, update and improve course curricula.</i>
1998-99	Teaching Assistant, Luther College, Decorah, IA <i>Providing individual writing instruction and feedback to undergraduate students in upper-level psychology courses. Also, teaching critical thinking skills.</i>
1998	Spanish Teaching Assistant, Decorah High School, Decorah, IA <i>Engage students in active learning exercises and provide writing and speaking instruction and feedback to high school students. Also, create and teach lessons, grade assignments.</i>
1997	Teaching Assistant, North Fayette High School, West Union, IA <i>Provide individual instruction and feedback to high school students. Also, create and teach lesson plans, grade homework assignments and tests.</i>
1997	Intern, Bilingual and Immersion Day Assistant, Clark High School, San Antonio, Texas

*Individual instruction and feedback to students in lower-and upper-level Spanish courses. Also, create and lead Spanish literature lesson plans, and teach critical thinking.*

## **RESEARCH EXPERIENCE**

- 2016-pres Research Scientist and Statistician, The Ghosh Center for Oncology, Cedar Rapids, IA  
*Coordinate studies examining holistic approaches for cancer symptoms and well-being in a diverse sample of breast, colon, ovarian, and lung cancers. Duties: statistical consultations and analyses, study design and coordination, medical record data extraction and cleaning, results summaries, presentations of results, and publishing manuscripts (2+ published to date).*
- 2009-pres Research Scientist and Adjunct Assistant Professor, College of Nursing and Medicine, Univ of IA  
*Principal Investigator of grant-funded clinical research program examines: (1) psychosocial variables (e.g., anxiety, grit, coping, family dynamics) and development and treatment of personal (academic, career) and health outcomes (e.g., Cancer, Childhood Mood and Behavior Disorders, Autism-Spectrum Disorders); and (2) the efficacy and feasibility of non-pharmacologic (not medicine, e.g., nutrition, counseling, exercise) interventions for improved outcomes. Also, collaborate with large research team conducting and coordinating research studies investigating the effectiveness of Transcutaneous Electrical Nerve Stimulation (TENS) on pain, including: work group coordination, research design, data collection, analysis, training and mentor research skills, manuscript preparation, and NIH grant management, and recruit, consent, enroll and schedule participants. Finally, serve on administrative hospital committees to advise hospital on best practices, quality assurance, and clinical trials.*
- 2010-12 NIH Postdoctoral Fellow (T32NS045549-07), Interdiscipl. Pain Research Program, Univ of IA  
*Principal Investigator responsible for a grant-funded research program (grants awarded to me) to study TENS and psychosocial factors on pain and function in head and neck cancer patients (and predictors of quality of life, recurrence and chronic pain/dysfunction). Tasks included: research method design, data collection, participant enrollment and consent, outcome measurement, advanced statistical design and analysis, staff coordination, ClinicalTrials.gov management, teaching research methods/analysis, employee leadership development (for promotion), supervising large team of graduate students and nurse researchers, conflict resolution, presentations, writing and submitting several external funding grants (awarded 3 grants) and publications in peer-review journals (results published in peer-reviewed journal).*
- 2001-10 Graduate Research Assistant, Depts of Psychology and Rehabilitation Science, Univ of IA  
*(1) Physical therapy/rehabilitation research on differences in pain perception and fatigue, including: study design, data collection, analysis, and manuscript preparation. Also, supervise and mentor graduate students on how to collect and analyze data, and prepare manuscripts and presentations. (2) Psychology research on children's memory development and risk behaviors in a virtual environment, including: research design, intensive data coding and analysis. Finally, directly supervise a large team of undergraduates in daily lab tasks, such as: subject recruitment, data coding and analysis, experimental methods, and continuing education.*
- 2000 Research Assistant, Cognitive Concepts (Earobics), Dayton, Ohio  
*Independently conduct research on spatial and phonological processing deficits and academics in children, including collaboration with school and research families, team meetings, participant eligibility and enrollment, consent participants, psychological interviewing and assessment, data collection and entry. Also, communicate study updates, needs, and concerns with off-site PI.*
- 1999-01 Graduate Researcher, Department of Psychology, Univ of Dayton  
*Independently design a large study on the effects of hostile attribution bias and marital discord on children with severe emotional or behavioral disturbances. Duties: research design, and independently collect, analyze, and interpret data, write up and present results.*

## **GRANT AND RESEARCH SUPPORT**

- 2020- Efficacy of transcutaneous electrical nerve stimulation (TENS) on idiopathic chronic orchialgia: A randomized, placebo-controlled pilot study
- 2019-22 All of me: Prioritizing sexual health for lowans impacted by cancer, IA Cancer Consortium
- 2017-18 Effects of grit and adverse child experiences on college, McElroy Foundation
- 2014-18 Home exercise program for lung cancer, The Daisy Foundation
- 2014-16 A modified activity program for lung cancer patients, McElroy Foundation

- 2013-14 Associations between allergies, neurodevelopment and autistic symptoms, McElroy Foundation  
 2013-14 Psychological factors, allergies and behavioral difficulties in children, Pathways to Scholarship  
 2011-13 Distress, Pain, and Quality of Life in Head and Neck Cancer, Pochobradsky Endowment  
 2010-12 Clinical trials in translational pain research, National Institutes of Health (NIH; T32 NS045549-07)  
 2009-14 Genetic and Trait Influences on Pain Heterogeneity, NIH (AR056134-01A2)  
 2010-13 Transcutaneous Electrical Nerve Stim.(TENS) for Head and Neck Cancer, American Pain Society  
 2010-13 Psychological factors related to head and neck cancer, Midwest Pain Society

## PUBLICATIONS

- Lee JE**, Titcomb TJ, Bisht B, Rubenstein LM, Louison R, Wahls TL. A Modified MCT-Based Ketogenic Diet Increases Plasma  $\beta$ -Hydroxybutyrate but Has Less Effect on Fatigue and Quality of Life in People with Multiple Sclerosis Compared to a Modified Paleolithic Diet: A Waitlist-Controlled, Randomized Pilot Study [published online ahead of print, 2020 Mar 26]. *J Am Coll Nutr.* 2020;1-13.
- Louison R, Baloch MY, Ghosh C, & **Lee JE** (in press). Holistic, patient-centered symptom management for metastatic cancer: A comparison pilot study [published online ahead of print, 2020 Feb 10]. *Advances in Integrative Medicine.*
- Feldt R, **Lee JE**, & Dew D (in press). Vocational identity resources in emerging adulthood: Associations with facets of dispositional mindfulness, *The Career Development Quarterly.*
- Louison R, **Lee JE**, Roe T, & Ghosh C. (2019). Effects of a holistic, patient-centered approach on breast cancer relative dose intensity. *Advances in Integrative Medicine*, 6(2), 78-86.
- Lee J, Anderson C Perkhounkova Y, Sleewenhoek B, Louison R (2018). Transcutaneous Electrical Nerve Stimulation (TENS) reduces pain in head and neck cancer patients. *Cancer Nursing*, 42(3), 218-228.
- Lee JE, Bisht B, Hall MJ, Rubenstein LM, Louison R, Klein DT, Wahls TL (2017). A multimodal, nonpharmacologic intervention improves mood and cognition function in people with Multiple Sclerosis. *Journal of the American College of Nutrition*, 36(3), 150-168. DOI: 10.1080/07315724.2016.1255160.
- Feinstein JS, Khalsa SS, Salomons TV, Prkachin KM, Frey-Law LA, Lee JE, Tranel D, Rudrauf D (2015). Preserved emotional awareness of pain in a patient with extensive bilateral damage to the insula, anterior cingulate, and amygdala. *Brain Structure and Function*, DOI 10.1007/s00429-014-0986-3
- Feldt R, **Lee JE** & Dew D (2014). Criterion validity of facets versus domains of the Big Five Inventory. *Individual Differences Research*, 12(2), 59-68.
- Frey-Law LA, **Lee JE**, Wittry AM, Melyon M. (2013). Pain rating schema: Three distinct subgroups of individuals emerge when rating mild, moderate and severe pain. *J Pain Res*, 7, 13-23. PMID: 24379696
- Liebano RE, Vance CGT, Rakel B, **Lee JE**, Cooper NA, Walsh DM, Sluka KA. (2013). Transcutaneous electrical nerve stimulation (TENS) and conditioned pain modulation (CPM) influence the perception of pain in humans. *Eur J Pain*, 7(10), 1539-46. PMID: 23650092
- Dailey DL, Rakel BA, Vance CGT, Liebano RE, Anand AS, Bush H., Lee KS, **Lee JE**, Sluka KA. (2013). Transcutaneous electrical nerve stimulation reduces pain and fatigue in individuals with fibromyalgia. *Pain*, 154(11), 2554-62. PMID: 23900134
- Lee JE**, Watson D, Frey-Law LA (2013). Psychological factors predict local and referred experimental muscle pain: A cluster analysis in healthy adults. *Eur J Pain*, 17(6), 903-15. PMID: 23165778
- Frey Law LA, **Lee JE**, McMullen T, Xia T (2010). Relationships between maximum holding time and ratings of pain and exertion differ for static and dynamic tasks. *Applied Ergonomics*, 42(1), 9-15.
- Lee JE**, Watson D, Frey Law LA. (2010). Lower-order pain-related constructs are more predictive of cold pressor pain ratings than higher-order personality traits. *J Pain*, 11(7), 681-691.
- Frey Law LA, Sluka KA, McMullen T, **Lee J**, Arendt-Nielsen L & Graven-Nielsen T (2008). Acidic buffer induced myalgia produces referred pain and mechanical hyperalgesia in humans. *Pain*, 140, 254-264.
- Lee JE** (2004). Activities of daily living. In: *Encyclopedia of Health Psychology*. New York: Kluwer Academic/ Plenum Publishers.

## CONFERENCE PRESENTATIONS (past 5 years only; 100+ total)

- Lee JE** (2019, August). "Oh, My Aching Back! Symptom Relief When Medicines Fail: Nonpharmacologic Approaches." The Wahls Protocol Seminar & Retreat, Cedar Rapids, IA.
- Lee JE**, Pearlman AM, & Sullivan-Wagner E. (2019, April). Intimacy and sexual health in palliative care, Interdisciplinary Conference, IA City, IA.
- Angerer A, Gregerson K, Haley J, Guthrie S, Lee J (2018, May). The effects of grit on college students' mood, academics and life satisfaction. Paper presented at Mount Mercy Scholarship Festival, Cedar Rapids, IA.

- Haley J, Guthrie S, Lee JE (2018, May). A simple intervention to improve grit. Paper presented at the Mount Mercy Scholarship Festival, Cedar Rapids, IA.
- Angerer A, Gregerson K, Haley J, Guthrie S, **Lee JE** (2018, April). Associations among grit and academic and psychological factors. Paper presented at the McElroy Symposium, Waverly, IA
- Louison R, Roe V, **Lee JE** (2017, May). The effects of a holistic, patient-centered approach on breast cancer outcomes. Paper presented at the Mount Mercy Scholarship Festival, Cedar Rapids, IA.
- Louison R, Roe V, **Lee JE** (2017, April, May). The effects of a holistic, patient-centered approach on relative dose intensity (RDI) in breast cancer patients. Paper presented at the ILLOWA Psychology Conference, Monmouth, IL AND at the IA Psychological Association, Davenport, IA.
- Angerer A, Gregerson K, Guthrie S, **Lee JE** (2017, May). Measuring grit and its correlation to self-control, resilience, adverse childhood events, and the big five personality traits. Paper presented at the Mount Mercy Scholarship Festival, Cedar Rapids, IA.
- Feldt R, Dew D, **Lee JE**, Bejar M (2017, April). Relationships between BFI-2 personality facets and trait emotional intelligence. Paper presented the Annual Midwestern Psychological Association, Chicago, IL.
- Abbott L, Quinn G, Dietz B, Cullen L, Hochstetler E, **Lee JE**, Eppen K, Moeller L, Raw R (2016, May). Energy Through Motion: An activity intervention for people undergoing cancer chemotherapy. Paper presented at the Oncology Nursing Society Conference, San Antonio, TX.
- Abbott L, Cullen L, Eppen K, Hochstetler E, **Lee JE**, Moeller L, Quinn G, Raw R (2016, April). Energy Through Motion: An activity intervention for people undergoing cancer chemotherapy. Oral presentation accepted for the National Evidence-Based Practice Conference, Coralville, IA.
- Statezni LM, Harvey T, Jacobson E, Oakley K, Martin B, Roe V, Varner A, **Lee JE** (2015, April/May). Allergies are related to physical and psychological development in children. Paper presented at the McElroy Symposium, Waverly, IA AND Mount Mercy Univ annual research conference, Cedar Rapids, IA.
- Lee J**, Klein D, Bisht B, Hall M, Wahls T (2015, March/April). *The effects of a multimodal, nonpharmacologic intervention on cognitive and mood function in people with progressive multiple sclerosis. Paper presented at the Univ of IA Internal Medicine Research Week Conference AND IA Health Sciences Week.*
- Lee J**, Rakel B, Dailey D, Vance C, Perkhounkova Y, Broderick A, Sluka K, Anderson C (2014, May/June). *Transcutaneous Electrical Nerve Stimulation (TENS) reduces oral mucositis pain in head and neck cancer patients: A randomized and placebo-controlled double-blind pilot study.* Paper presented at the American Pain Society meeting, Tampa, FL and Holden Cancer Center research meeting, IA City, IA.

## CLINICAL EXPERIENCE

- 2018-pres Counselor and Educator, UIHC Sexual Health Clinic  
*Develop a sexual health research, training and care program to improve the care and communication of sexual health concerns at a large academic medical center. Led by Dr. Amy Pearlman, coordinated the development of the program from the ground up, including creating community partnerships, developing and teaching health workshops, trainings and seminars, providing expert consultations to administrators and care providers, counseling patients (1:1, or as a group), and creating training modules to improve the assessment and provision of sexual health care across primary and specialty care (e.g., palliative care, oncology, auto-immune).*
- 2017-pres Advocate and Translator  
*Provide counseling, health education, transportation (to ICE check-ins), daily living resources, and translation for trafficking victims, homeless individuals, and children and women rescued from border detention centers.*
- 2007-pres Chairperson, National Cancer Coalition (NCCC) IA Chapter  
*Develop and coordinate female cancer educational efforts, awareness raising and fundraising campaigns in the state of IA. Provide email support, counseling, and psychoeducation to cervical cancer patients.*
- 2007-09 Founder and Facilitator, Women's Cancer Support Group, IA City, IA  
*Develop and facilitate a cancer support/survivorship group. Duties: counseling, coping skills training and psychoeducation. Also, continuing education on cancer research and working with a multidisciplinary team to identify patient needs, community resources, and recruit patients.*
- 2007-pres Patient Advocate, Univ of IA Hospitals and Clinics, IA City, IA  
*Counseling, coping skills training and psychoeducation for patients in oncology.*
- 2001-10 Senior Counselor of Social Services, Systems Unlimited, Inc., IA City, IA  
*Supervising a team of staff and providing direct care to individuals with developmental*

*disabilities living in a Medicaid Waiver-funded HUD residential setting. Duties include: staff supervision, policy and procedure revisions, billing, budget management, service documentation, employee reviews, case management, quality assessment, eligibility determination, conflict resolution, hiring/disciplinary action, and supported community living program evaluations and recommendations. Also, working with an interdisciplinary team on administrative and direct care issues, teaching training courses, and training quality assurance.*

- 1999-01 Mental Health Therapist (Intern), Greene Co. Learning Center, Yellow Springs, Ohio  
*Providing weekly individual and group cognitive-behavioral therapy (trauma-informed care) to children with mental health diagnoses in a school setting. Also, diagnosing mental illness, psychosocial assessment, coordination with legal teams (e.g., probation officer), budget management, IEP writing, policy and procedure updates, case management, evidence-based research, treatment plans and effectiveness evaluation, documenting services, and collaborating with multidisciplinary teams to provide optimal treatment.*
- 1999-00 Applied Behavioral Analysis Therapist, The Academy, Dayton, Ohio  
*Provide Applied Behavioral Analysis therapy to a child diagnosed with Autism. Responsibilities include teaching activities of daily living, communication and relationship skills.*
- 1999 Direct Support Assistant, Systems Unlimited, Inc., IA City, IA  
*Providing direct care to individuals with developmental disabilities in a residential setting, including: community activities, activities of daily living, and documenting services provided.*
- 1998-00 Youth Service Worker, Valley Shelter Homes, Inc., Davenport, IA  
*Supervising and providing (trauma-informed) care and counseling to adjudicated adolescents in a temporary shelter to aide transitions into their biological or adoptive homes. Crisis management, staff and client supervision, legal correspondence, policy and protocol writing and enforcement, writing progress and crisis reports for human services case management. Also, teaching coping, anger management, social, and problem-solving skills.*
- 1998-99 Counselor, Northeast IA Behavioral Health Crisis Line, Decorah, IA  
*24-hour telephone counseling, psychoeducation and support to sexual assault victims. Also, strategic planning, create literature for community on sexual crimes, implement community health programs, policy reform, and victim response guidelines.*